

RELEASE ME 2022

Counts : 32
Walls : 4
Level : Beginner to High Beginner
Choreograph : Nancy Hins (Canada) – October 2022
Music : Release Me (Radio Version) – Agnes

Intro : 64 counts

Restarts : During walls 3 and 8, both facing 6h, after 16 counts.

Final : Last wall is wall 11 and starts facing 12h.

After all the dance, you walk forward on RF, make a left 1/4 turn on LF and Voilà!

Sec. 1 Walk, Walk, Shuffle forward, Rocking Chair

1-2 RF forward (1), LF forward (2)

3&4 RF forward (3), Lock LF behind RF (&), RF forward (4)

5-8 Rock forward on LF (5), Recover on RF (6), Rock back on LF (7), Recover on RF (8)

Sec. 2 Walk, Walk, Shuffle forward, Rocking Chair

1-2 LF forward (1), RF forward (2)

3&4 LF forward (3), Lock RF behind LF (&), LF forward (4)

5-8 Rock forward on RF (5), Recover on LF (6), Rock back on RF (7), Recover on LF (8)

**** Both Restarts here facing 6h on Wall 3 and Wall 8**

Sec. 3 Jazz Box 1/4 Right Turn, Diagonal forward, Touch, Back Diagonal, Touch

1-4 Cross RF over LF (1), 1/8 R Turn on LF (2), 1/8 R Turn on RF (3), LF forward (4) (3h)

5-6 RF forward to diagonal (5), Touch LF next to RF (6)

7-8 LF back on diagonal (7), Touch RF next to LF (8)

Sec. 4 Vine to right, Left Chassé, Rock Back, Recover

1-4 RF to side (1), Cross LF behind RF (2), RF to side (3), Touch LF next to RF (4)

5&6 LF to left side (5), RF next to LF (&), LF to left side (6)

7-8 Rock back on RF (7), Recover on LF (8)

Have fun with this one !

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